

**Moriarty, Brenda, 2001, *Outcomes of a Student Leadership Training Course with special reference to Self-Esteem and Awareness of Self and Others.***

### **ABSTRACT OF DISSERTATION**

This study was designed to investigate the outcomes of a leadership course for transition year students in an all boys secondary school and a group of students both male and female students from another secondary school in the region. A pre-post research design was employed. Thirty-six students participated in the treatment group while another eight students formed the control group. Students' levels of self-esteem and levels of attitude to self and to others, as measured by the Rosenberg measure of self-esteem and the Berger measure of attitude to self and others, respectively.

Statistical analysis yielded a difference between treatment and control groups at the post intervention stage on self-esteem. Differences were also found between pre- and post-testing for the treatment group on attitude to self and others. No differences were found between the treatment and control groups on age, place in family, involvement in a group or team, captaincy/secretarial positions held and previous leadership training undertaken.

Qualitative analysis provides the detail of students development and the type of information internalised by them, rather than giving actual measures of levels of self-esteem before and after the leadership course. This information is perhaps most useful in the light of future development of the course and further research.